

BEST FRIENDS BEAUTY HAUL

Your \$1,000 guide to building a mini beauty studio,
wellness suite & fitness center at home



LUXE LIFE BY LELA
YOUR ANNUAL BEAUTY MUST HAVES LIST

THE ULTIMATE BEST FRIEND BEAUTY HAUL

Body • Nails • Fitness • Spa Extras

How many times have you caught yourself thinking, “Girl, I need to ask her what she uses on her skin because she is GLOWING!” Or maybe you see a product online and immediately think, “Wait... I need to write that down, do my research, and see if this will actually work for me.”

If you’ve ever had these thoughts, we are absolutely alike and honestly, we should probably be beauty best friends.

I’m the girl who remembers the products, saves the links, reads the reviews, tests the products, and tries to remember what I loved enough to repurchase. Because let’s be honest, not everything makes the beauty cabinet cut. Some products become holy-grail favorites, some get a polite “never again,” and some are simply forgotten about.

And I’m not even the girl who leaves bad reviews. So if something disappears from my beauty routine, just know it probably had to be REALLY bad. 😂

So, instead of keeping all of this beauty information floating around in my head, I decided to create my Ultimate Best Friend Beauty Haul a curated collection of the products, tools, and beauty essentials I genuinely want to share with my girls.



THE ULTIMATE BEST FRIEND BEAUTY HAUL

Body • Nails • Fitness • Spa Extras

Inside, we're covering the whole beauty routine—from skin and facial essentials to hair growth and protection, lashes and brows, oral care, body maintenance, nails and hands, strength and flexibility, and those little beauty upgrades that make you feel like you have your life together.

Think of this PDF as the beauty list I would send to my best friend after she asked, "Okay, but what are you actually using?"

I've also made it easy for you to shop. Throughout my beauty guides, you'll find curated Amazon shopping lists and direct shopping links so you can explore the products without having to spend hours searching for them yourself.

And yes, full transparency: I may earn a commission when you purchase through my links. That commission helps support the content, guides, beauty finds, and all the fun things I'm constantly researching and sharing with you. It doesn't cost you extra, but it does help keep this beauty bestie operation going. 💕

So grab your favorite drink, open your notes app, and get ready to upgrade your beauty routine one little discovery at a time.

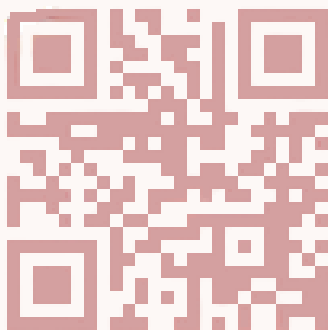


Welcome to your new best friend's beauty haul.

Because looking good is fun. Feeling good is even better. And knowing exactly what to invest in for yourself? Now THAT is a luxury.

For more beauty guides, lifestyle resources, and curated finds, visit my website and download the other guides available to you.

Happy shopping, beautiful. 



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THE BEAUTY STATION

Face + Skin Essentials • ~\$200

- 1 LED red-light face mask** ~\$70-100
At-home light therapy routine
- 2 Nano facial steamer** ~\$30-40
Spa-style facial prep
- 3 LED magnifying vanity mirror** ~\$40
Makeup, brows, lashes & skincare
- 4 Stainless-steel gua sha** ~\$20-30
Facial massage & de-puffing
- 5 Ice roller** ~\$15-20
Cooling & de-puffing
- 6 Facial cleansing brush** ~\$15-25
Gentle daily cleansing
- 7 Reusable under-eye masks** ~\$10-20
Morning eye-area ritual

FEATURED PICKS

- Pursonic LED Light Therapy Mask + Steamer — \$99.99
- Conair LED Lighted Vanity Mirror — \$41.49
- Tweezerman Stainless Steel Gua Sha — \$25.99
- Pursonic LED Face + Scalp Beauty Kit — \$109.99



THE LONG-HAIR GIRL KIT

Hair Growth & Protection • ~\$175

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- | | | |
|---|-------------------------------------|---------|
| 8 | Quality blow-dryer/volumizing brush | \$40-60 |
|---|-------------------------------------|---------|
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|---|----------------------|---------|
| 9 | Heatless curling set | \$15-25 |
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|----|--------------|---------|
| 10 | Satin bonnet | \$12-20 |
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|----|------------------|---------|
| 11 | Satin pillowcase | \$15-25 |
|----|------------------|---------|
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- | | | |
|----|-----------------------|---------|
| 12 | Microfiber hair towel | \$15-25 |
|----|-----------------------|---------|
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- | | | |
|----|----------------|--------|
| 13 | Scalp massager | \$8-12 |
|----|----------------|--------|
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- | | | |
|----|--------------------------|--------|
| 14 | Mielle Rosemary Mint Oil | \$9-12 |
|----|--------------------------|--------|
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- | | | |
|----|-----------------------------|---------|
| 15 | Wide-tooth/detangling brush | \$12-20 |
|----|-----------------------------|---------|
-



Your goal is long, strong, beautiful hair not simply hair that grows quickly. These tools protect what you grow.

LASHES + BROWS

Eyes That Speak • ~\$60

- | | | |
|---|------------------------|-----------------|
| 1 | Heated eyelash curler | \$15 |
| 2 | Stainless tweezers | \$10 |
| 3 | Brow/lash grooming kit | \$20 |
| 4 | Peptide lash serum | \$20-30 |
| 5 | Lash cleansing brush | \$8 |
| 6 | Magnifying mirror | Already counted |

⚠ IMPORTANT NOTE

Don't put oils directly into your eyes or use questionable growth products around the eye. For dramatic lash growth, discuss prescription options with an eye-care professional.





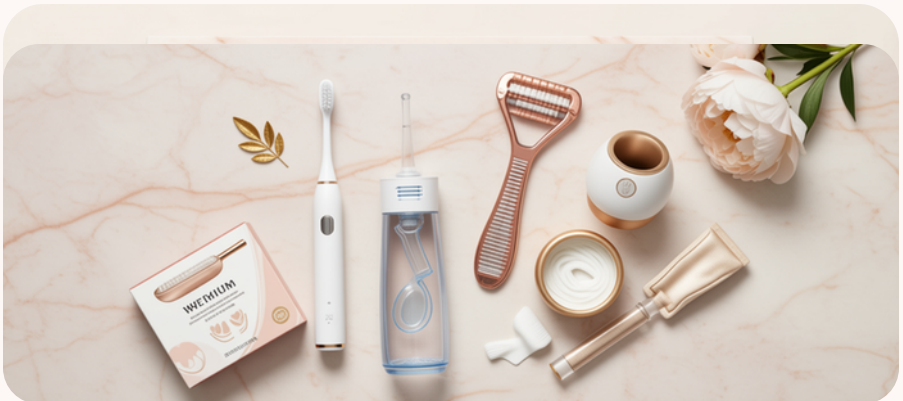
THE "EXPENSIVE SMILE" STATION

Oral Care Upgrade • ~\$150

- | | | |
|---|--------------------------------------|---------|
| 1 | Philips Sonicare electric toothbrush | \$40-60 |
| 2 | Waterpik water flosser | \$40-60 |
| 3 | Tongue scraper | \$5-10 |
| 4 | Whitening strips | \$25-40 |
| 5 | Travel toothbrush case | \$8-12 |
| 6 | Floss | \$5-10 |

💡 PRO TIP

The electric toothbrush + water flosser combo is the single most worthwhile daily upgrade. Newer devices combine both functions.

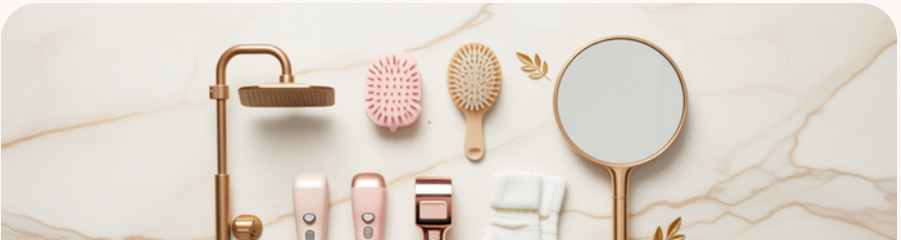




THE EVERYTHING SHOWER

Body Maintenance • ~\$150

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|----|-------------------------|---------|
| 1 | Filtered shower head | \$25-40 |
| 2 | Silicone body scrubber | \$8-15 |
| 3 | Exfoliating body brush | \$10-20 |
| 4 | Dry body brush | \$10-20 |
| 5 | Electric body scrubber | \$25-40 |
| 6 | Electric body trimmer | \$25-40 |
| 7 | Foot file | \$15-25 |
| 8 | Heel socks | \$10-15 |
| 9 | Shower mirror | \$20-30 |
| 10 | Long-handled body brush | \$15 |



HOT GIRL MAINTENANCE TIP

This is where the daily maintenance happens. Consistency beats complexity every time.



AT-HOME NAIL + HAND SPA

Nails & Hands • ~\$75

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|---|---------------------|---------|
| 1 | Electric nail drill | \$20-30 |
| 2 | UV/LED nail lamp | \$20-30 |
| 3 | Cuticle oil | \$8-12 |
| 4 | Glass nail file | \$8 |
| 5 | Cuticle nippers | \$10 |
| 6 | Hand mask/gloves | \$10 |





HOT GIRL HOME FITNESS

Strength & Flexibility • ~\$175

- 1 Walking pad \$100–150
- 2 Resistance-band set \$15–25
- 3 Yoga/Pilates mat \$20–30
- 4 Adjustable dumbbells \$40–60
- 5 Foam roller \$15–25
- 6 Mini resistance bands \$10–15
- 7 Massage gun \$30–50

💡💡 WHY RESERVE \$200 FOR YOUR BODY

You're trying to become stronger, leaner AND more flexible. Don't spend your entire \$1,000 on beauty gadgets — invest in your body too.

- 8 Spin Pole \$115–750
- 9 Aerial Lyra Hoop \$49–115
- 10 Aerial Silks \$60–119





THE \$1,000 SHOPPING FORMULA

Budget Breakdown □ Total ~\$985



FACE + SKIN

~\$200



HAIR

~\$175



LASHES/BROWS

~\$60



TEETH

~\$150



BODY/SHOWER

~\$150



NAILS

~\$75



FITNESS

~\$175

TOTAL

~\$985



THE 15 THINGS I'D BUY FIRST

LED face mask □ Facial steamer □ LED vanity mirror

Gua sha □ Ice roller □ Hair dryer brush

Satin bonnet □ Satin pillowcase □ Mielle oil

Electric toothbrush □ Water flosser

Shower filter □ Electric body scrubber

Walking pad □ Resistance-band set



THE REAL SECRET

Your biggest beauty return comes from protein-rich nutrition, sleep, hydration, sunscreen, resistance training, dental care, scalp protection & consistency. The gadgets make those routines easier — don't replace them.

LUXE LIFE BY LELA

Hot Girl Home Beauty Edit



AMAZON SHOPPING LINKS

Face • Hair • Lashes • Teeth



THE BEAUTY STATION

LED Red-Light Face Mask | amazon.com/shop/lelarobinson-20
Nano Facial Steamer | amazon.com/shop/lelarobinson-20
LED Magnifying Vanity Mirror | amazon.com/shop/lelarobinson-20
Stainless-Steel Gua Sha | amazon.com/shop/lelarobinson-20
Kitsch Facial Ice Roller | amazon.com/shop/lelarobinson-20
Facial Cleansing Brush | amazon.com/shop/lelarobinson-20
Reusable Under-Eye Masks | amazon.com/shop/lelarobinson-20



THE LONG-HAIR GIRL KIT

Revlon One-Step Hair Dryer Brush | amazon.com/shop/lelarobinson-20
Kitsch Heatless Curing Set | amazon.com/shop/lelarobinson-20
Satin Bonnet | amazon.com/shop/lelarobinson-20
Satin Pillowcase | amazon.com/shop/lelarobinson-20
Microfiber Hair Towel | amazon.com/shop/lelarobinson-20
Scalp Massager | amazon.com/shop/lelarobinson-20
Mielie Rosemary Mint Oil | amazon.com/shop/lelarobinson-20
Wide-Tooth Detangling Brush | amazon.com/shop/lelarobinson-20
Hair Steaming Cap | amazon.com/shop/lelarobinson-20



LASHES + BROWS

Heated Eyelash Curler | amazon.com/shop/lelarobinson-20
Tweezerman Brow + Lash Tools | amazon.com/shop/lelarobinson-20
Peptide Lash Serum | amazon.com/shop/lelarobinson-20
Lash Cleansing Brush | amazon.com/shop/lelarobinson-20



THE EXPENSIVE SMILE STATION

Philps Sonicare Electric Toothbrush | amazon.com/shop/lelarobinson-20
Waterpik Water Flosser | amazon.com/shop/lelarobinson-20
Stainless Tongue Scrape | amazon.com/shop/lelarobinson-20
Teeth Whitening Strips | amazon.com/shop/lelarobinson-20





AMAZON SHOPPING LINKS

Body • Nails • Fitness • Spa Extras



THE EVERYTHING SHOWER

Filtered Shower Head | amazon.com/shop/lelarobinson-20

Silicone Body Scrubber | amazon.com/shop/lelarobinson-20

Dry Body Brush | amazon.com/shop/lelarobinson-20

Electric Body Scrubber | amazon.com/shop/lelarobinson-20

Women's Electric Body Trimmer | amazon.com/shop/lelarobinson-20

Electric Foot File | amazon.com/shop/lelarobinson-20

Moisturizing Heel Socks | amazon.com/shop/lelarobinson-20

Fogless Shower Mirror | amazon.com/shop/lelarobinson-20



AT-HOME NAIL + HAND SPA

Electric Nail Drill | amazon.com/shop/lelarobinson-20

UV LED Nail Lamp | amazon.com/shop/lelarobinson-20

Cuticle Oil | amazon.com/shop/lelarobinson-20

Glass Nail File | amazon.com/shop/lelarobinson-20

Cuticle Nippers | amazon.com/shop/lelarobinson-20



HOT GIRL HOME FITNESS

Walking Pad | amazon.com/shop/lelarobinson-20

Resistance Band Set | amazon.com/shop/lelarobinson-20

Pilates Yoga Mat | amazon.com/shop/lelarobinson-20

Adjustable Dumbbells | amazon.com/shop/lelarobinson-20

Foam Roller | amazon.com/shop/lelarobinson-20

Mini Resistance Bands | amazon.com/shop/lelarobinson-20

Massage Gun | amazon.com/shop/lelarobinson-20



SPA AT HOME EXTRAS

Portable Sauna Blanket | amazon.com/shop/lelarobinson-20

Aromatherapy Diffuser | amazon.com/shop/lelarobinson-20

Silk Sleep Mask | amazon.com/shop/lelarobinson-20

Body Massage Roller | amazon.com/shop/lelarobinson-20

Heated Neck/Shoulder Massager | amazon.com/shop/lelarobinson-20



"I HAVE A SPA AT HOME" EXTRAS

If there's money left in the cart

- 1 Portable sauna blanket**
Infrared heat therapy at home
- 2 Aromatherapy diffuser**
Essential oils for relaxation & focus
- 3 Silk sleep mask**
Protect skin & lashes while you sleep
- 4 Body massage roller**
Muscle recovery & circulation
- 5 Heated neck/shoulder massager**
Tension relief after long days





THE LUXE LIFE COLLECTION

Luxe Life by Lela • Hot Girl Home Beauty Edition

MY GOAL IS TO TURN THIS INTO A BRANDED STOREFRONT,
BUT I WANT TO REITERATE IM NOT A BEAUTY INFLUENCER

The story of this Amazon affiliate collection is for soft life beauty on a budget:

- ◆ Wake Up Pretty
- ◆ Everything Shower
- ◆ Hair Growth Night
- ◆ Glow-Up Sunday
- ◆ Pretty Teeth
- ◆ Body Sculpt
- ◆ Beauty Sleep



THE REAL SECRET

You do NOT need every gadget. The goal is to create a daily beauty ecosystem, not a drawer full of gadgets you never use. Consistency beats complexity.

LUXE LIFE BY LELA

Hot Girl Home Beauty Edit

Est. Cart: ~\$850-\$925 before tax/shipping



LUXE LIFE BY LELA

Your at-home glow-up headquarters.

Amazon [LifestyleInfluencer](#)

Instagram [@TheArtistLela](#)

TikTok [@LelaLuvLee](#)

Email lelalovelee101@gmail.com

Shop my beauty picks & follow for
weekly glow-up inspiration ✨

Conclusion From Your Beauty Bestie

There are guides to help you figure out what to buy, and there are guides that will show you how to use it, complete with videos to help you build your own beauty library.

But let me reiterate: I am not a beauty influencer or a medical professional. I'm simply your beauty bestie sharing what I've personally tried, tested, loved, and sometimes absolutely hated. 😂

I've had plenty of beauty ups, downs, experiments, and "What was I thinking?" moments. What works beautifully for me may not work the same way for you our bodies, skin, hair, and needs are all different.

So take my recommendations as exactly what they are: best-friend advice. For nutrition, supplements, or anything health-related, always consult a qualified doctor, nutritionist, or dietitian.

Now go have fun, try something new, and build a beauty routine that makes YOU feel fabulous. 💕

Let's Love Lee





Lela Love Lee